

## **“DREAMS” EXERCISE**

### Dreams of Marriage

1. What dreams did you have for your married life before you met your spouse?
2. Have those dreams been realized? Have they changed? How have they changed?
3. What dreams do you have for your spouse?

### Personal Dreams

4. What personal (individual) dreams did you have for yourself before getting married?
5. Have those dreams changed at all as a result of being married? How?
6. How would you like your spouse to help you achieve your personal dreams, and those you have for your marriage?