

**EMPHASIZING AFFIRMATION AND**  
**MUTUAL SELF-ESTEEM BUILDING**

Unfinished statements that could be used for small group dialogues.

1.     Something I love about you that I haven't told you before is...
  
2.     One thing I'd like to happen for you this year is...
  
3.     A time I felt very "close" to you was...
  
4.     I remember a time I was proud of you. It was...
  
5.     One of the things I value most in our marriage is...
  
6.     A commitment I'd like to make to you to help our relationship grow is...
  
7.     Something that makes me feel good about us and our marriage is...
  
8.     I feel good when I look toward the future because I see us...
  
9.     I remember a FUN TIME I had with you. It was...
  
10.    If we could start a vacation tomorrow – just the two of us – I would like...