

A PAT ON THE BACK

Household duties are usually divided into categories of those the husband does, those the wife does, and those that both do. This session provides an opportunity to acknowledge tasks that your spouse always does that you may take for granted.

The things you do...

List at least three chores done by your spouse on a regular basis, that you really appreciate but rarely acknowledge.

- 1.
- 2.
- 3.

How do I tell thee...

I usually show my appreciation by...

Other ways I could show my appreciation include...

Division of labor

How did we decide on our particular division of labor?

How often do we review/revise it?