ARE YOU HAVING FUN?

"He will yet fill your mouth with laughter and your lips with shouts of joy." Job 8:21

> Fun and laughter are very positive ingredients of many growing relationships. As we journey through life, patterns of interaction sometimes change, and we seem to lose the ability to laugh. Yet laughter is good medicine. It dissolves tension, keeps things in perspective. Most of us really need its healing qualities.

As individuals, spend some time reflecting on 1, 2 and 3. Respond individually to 1 and 2, sharing them with the group.

1. Your most humorous baby/young child story…

2. Something funny that happened to you – maybe long ago, maybe recently. The crazier the better!

Now, as a couple, take turns dialoguing in the group:

3. What can we do to bring more fun and laughter into our loves?
   I would like to suggest…